

Amber Temerity



**Efficiency Expert
and Online Business Strategist**

WWW.THRIFTYGUARDIAN.COM | WWW.EMBRACINGTEMERITY.COM

ABOUT THRIFTYGUARDIAN.COM

ThriftyGuardian.com is a frugal-living website designed to help parents live healthier, wealthier lives while adopting a frugal-living mindset.

TARGET AUDIENCE

WOMEN

AGES 27-35 | FROM THE U.S

ABOUT Amber Temerity

Amber Temerity is a productivity expert who works with women, both 1:1 and via e-courses, helping them learn to better value their time and money. With 7 years of experience in Higher Education and national recognition for her work in Organizational Leadership, Amber knows how to break through to those who consistently battle the stress that comes from a weak “life budget.”

BLOG STATS

17.5K+

MONTHLY UNIQUE VISITORS

25K+

MONTHLY PAGE VIEWS

10.5k+

SOCIAL MEDIA FOLLOWERS

2.1k+

E-MAIL SUBSCRIBERS

SOCIAL STATS



2.4K+



2.7K+



350



5k+

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- Images are not required; any submitted images are not guaranteed to be used.
- Bio of 2-4 sentences and image of author must be included with submission.
- Links to author’s website and social media platforms are encouraged.
- Work is to be submitted to amber@thriftyguardian.com.