

## Amber Temerity



## Time Management Coach and Online Business Strategist

WWW.THRIFTYGUARDIAN.COM | WWW.EMBRACINGTEMERITY.COM

### ABOUT THRIFTYGUARDIAN.COM

ThriftyGuardian.com is a frugal-living website designed to help parents better manage their time and money.

### TARGET AUDIENCE

# WOMEN

AGES 25-35 | FROM THE U.S

### ABOUT Amber Temerity

Amber Temerity is a productivity expert who works with women, both 1:1 and via e-courses, helping them learn to better value their time and money. With 7 years of experience in Higher Education and national recognition for her work in Organizational Leadership, Amber knows how to break through to those who consistently battle the stress that comes from a weak “life budget.”

### BLOG STATS

## 7.5K+

MONTHLY UNIQUE VISITORS

## 15K+

MONTHLY PAGE VIEWS

## 6k+

SOCIAL MEDIA FOLLOWERS

## 1.2k+

E-MAIL SUBSCRIBERS

### SOCIAL STATS



1.1K+



2.7K+



350



2.1K+

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- Word count must be between 500-1,100 words.
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- Bio of 2-4 sentences and image of author must be included with submission.
- Links to author’s website and social media platforms are encouraged.
- Work is to be submitted to [amber@thriftyguardian.com](mailto:amber@thriftyguardian.com).